

What Can Acupuncture Help?

Over 50 Conditions Recognized by the World Health Organization (WHO) and Supported by Modern Clinical Research

At **Ignition Health**, we believe healing should be personalized, evidence-based, and focused on restoring your body's natural ability to function.

Acupuncture is one of the world's oldest and most extensively researched forms of integrative medicine. It is practiced in hospitals, medical centers, and healthcare systems around the world. The World Health Organization (WHO) has recognized evidence supporting the use of acupuncture for numerous health conditions.

Whether you're living with chronic pain, recovering from an injury, managing stress, or looking for a natural approach to better health, acupuncture may be an effective part of your treatment plan.

Conditions Commonly Treated

Pain & Musculoskeletal

- Lower Back Pain
- Neck Pain
- Sciatica
- Osteoarthritis
- Rheumatoid Arthritis
- Fibromyalgia
- Carpal Tunnel Syndrome
- Frozen Shoulder
- TMJ Disorders
- Post-Surgical Pain Recovery

Neurological

- Headaches & Migraines
- Bell's Palsy
- Peripheral Neuropathy
- Trigeminal Neuralgia
- Facial Spasms
- Stroke Recovery

Respiratory

- Seasonal Allergies
- Sinusitis

- Bronchial Asthma
- Bronchitis
- Common Cold

Digestive Health

- Irritable Bowel Syndrome (IBS)
- Constipation
- Diarrhea
- Indigestion
- Acute & Chronic Gastritis
- Ulcerative Colitis
- Gallbladder Disorders

Women's Health

- Premenstrual Syndrome (PMS)
- Painful Menstrual Cycles
- Menopause Symptoms
- Polycystic Ovary Syndrome (PCOS)
- Pregnancy Support
- Fetal Positioning

Men's Health

- Prostatitis
- Male Sexual Health Concerns

Urinary & Kidney Health

- Urinary Tract Infections (UTIs)
- Kidney Stones
- Urinary Retention
- Urinary Incontinence

Cardiovascular

- High Blood Pressure
- Raynaud's Syndrome

Ear, Nose & Throat

- Ear Pain
- Eye Pain
- Sore Throat
- Ménière's Disease
- Herpes Zoster (Shingles)
- Sjögren Syndrome

Mental Health & Wellness

- Stress
- Anxiety
- Depression
- Insomnia
- PTSD
- Chronic Fatigue
- Addiction Recovery Support

Cosmetic Acupuncture

- Facial Rejuvenation
- Wrinkle Reduction
- Acne
- Scar Improvement
- Stretch Marks

Personalized Care for Every Patient

No two patients are alike. Every treatment at **Ignition Health** begins with a comprehensive consultation and evaluation. We take the time to understand your health history, identify the root causes of your symptoms, and create a customized treatment plan designed specifically for your goals.

Our mission is simple:

Help you move better. Feel better. Live better.

Ready to Feel Your Best?

Whether you've been dealing with chronic pain for years or are simply looking for a natural way to improve your health, we're here to help.

Schedule your consultation today and discover how acupuncture can become part of your path toward better health.